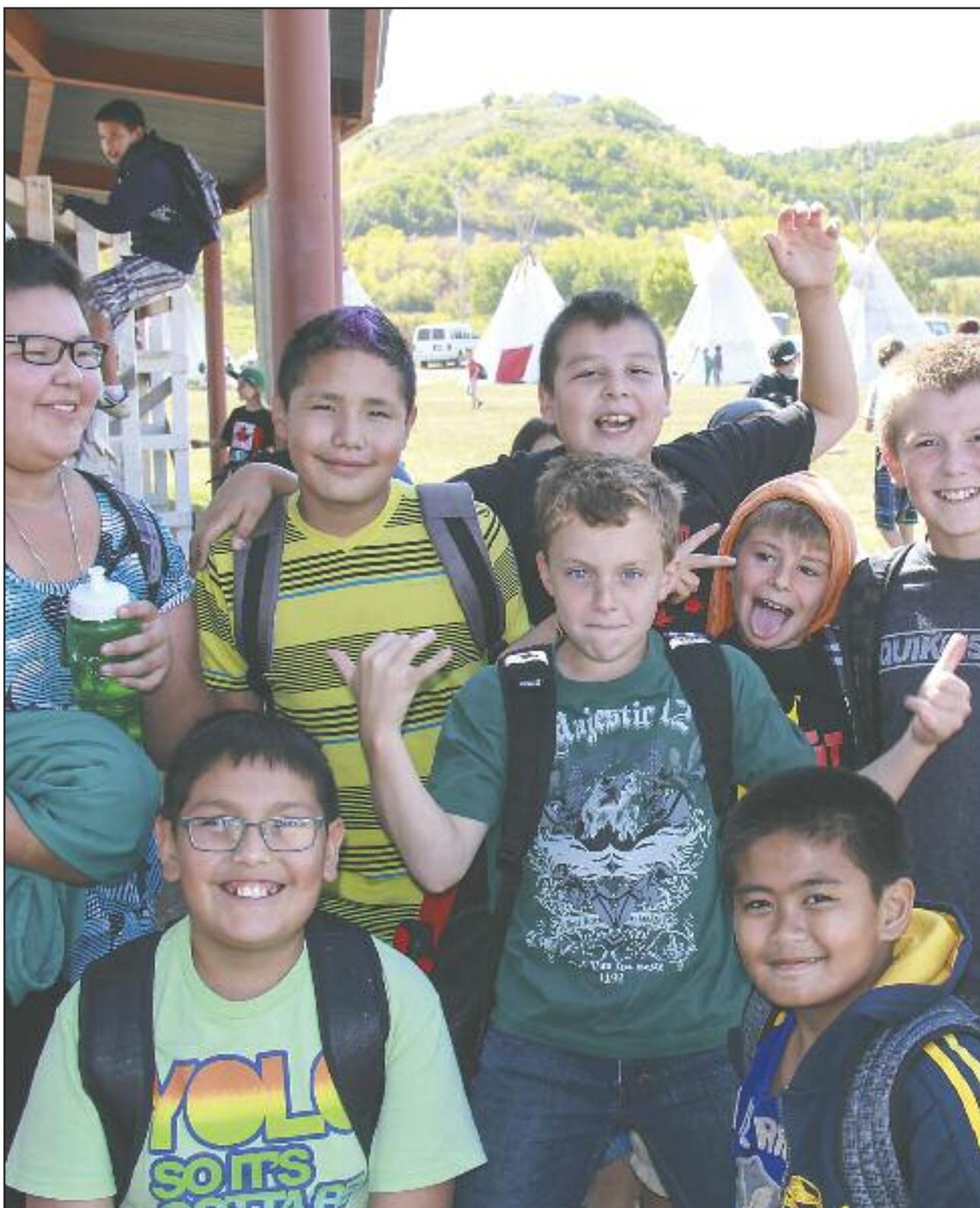


Eagle Feather NEWS

FREE

Nation building part of education program

Students mug for the camera as they attend Treaty 4 celebrations at Fort Qu'Appelle. Thousands of students headed back to school last week, bringing smiles to many parents and teachers across Saskatchewan. (Photo by Troy Isnana)



Program works with 11 First Nations schools

By Darla Read
For Eagle Feather News

It's back to school for students and teachers across Saskatchewan, including those attending the Treaty 4 Student Success Program (T4SSP), an innovative program that is leading to more graduates. It's been in operation since 2010 and works with 11 schools in 11 First Nations.

Until recently, "there's never been any money for student success planning," says Lori Whiteman, Executive Director of the program. "It's been hit and miss through services by the Tribal Councils. They've done the best they can with the obstacles they faced."

Since this program began working with the 11 schools, there has been a major focus on bringing a sense of unity and cohesiveness to those schools.

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INSIDE



CREATIVE BAKER

Stephanie Cappelletti's cakes are creating quite a stir in Regina. A successful business is the icing on the cake. - Page 7



FREE OF PAIN

Carol Daniels endured the pain of osteoarthritis before surgery turned her life around. - Page 8



WHAT'S IN A NAME?

If you're Ian Campeau, a poor name choice could have racist overtones. He'd like to see some changes. - Page 9



BIZ CONFERENCE

JP Gladu will be the host of the third annual Aboriginal Entrepreneurs Conference and Trade Show. - Page 15

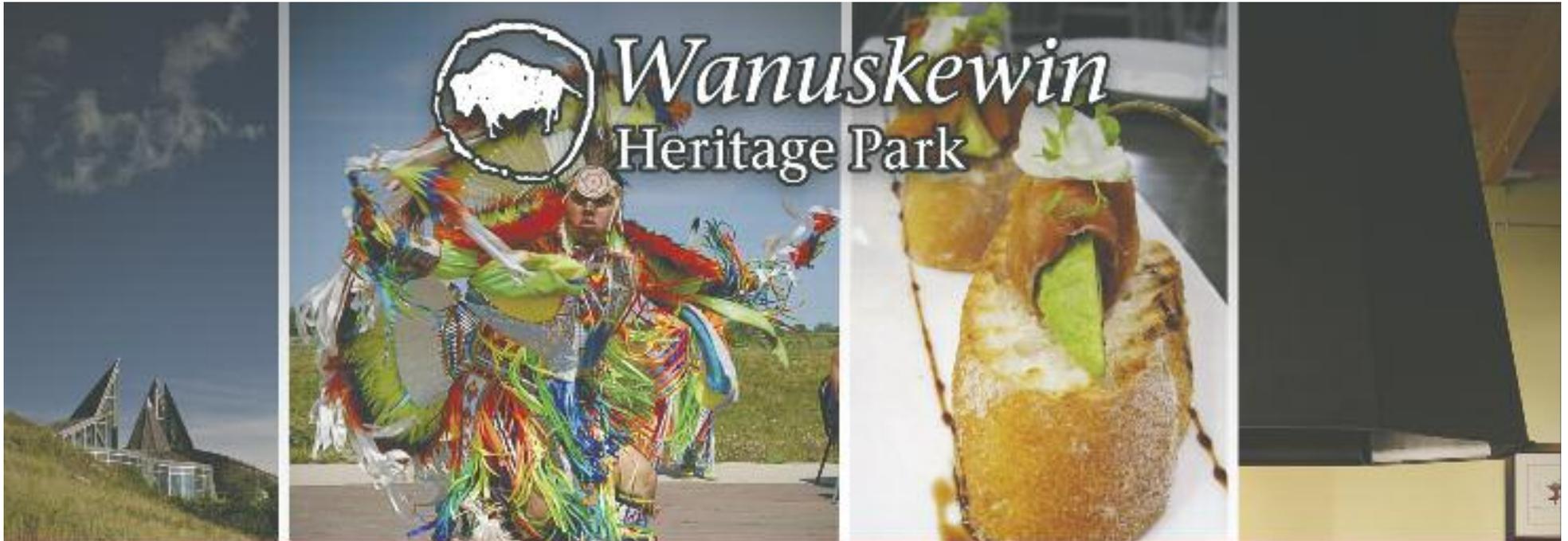


DEDICATED MOM

Tahnee Dubois is doing all she can to improve the life of her son who suffers from a rare form of muscular dystrophy. - Page 17

Welcome to our
Back to School Edition
Coming In October - Role Model Issue

CPMA #40027204



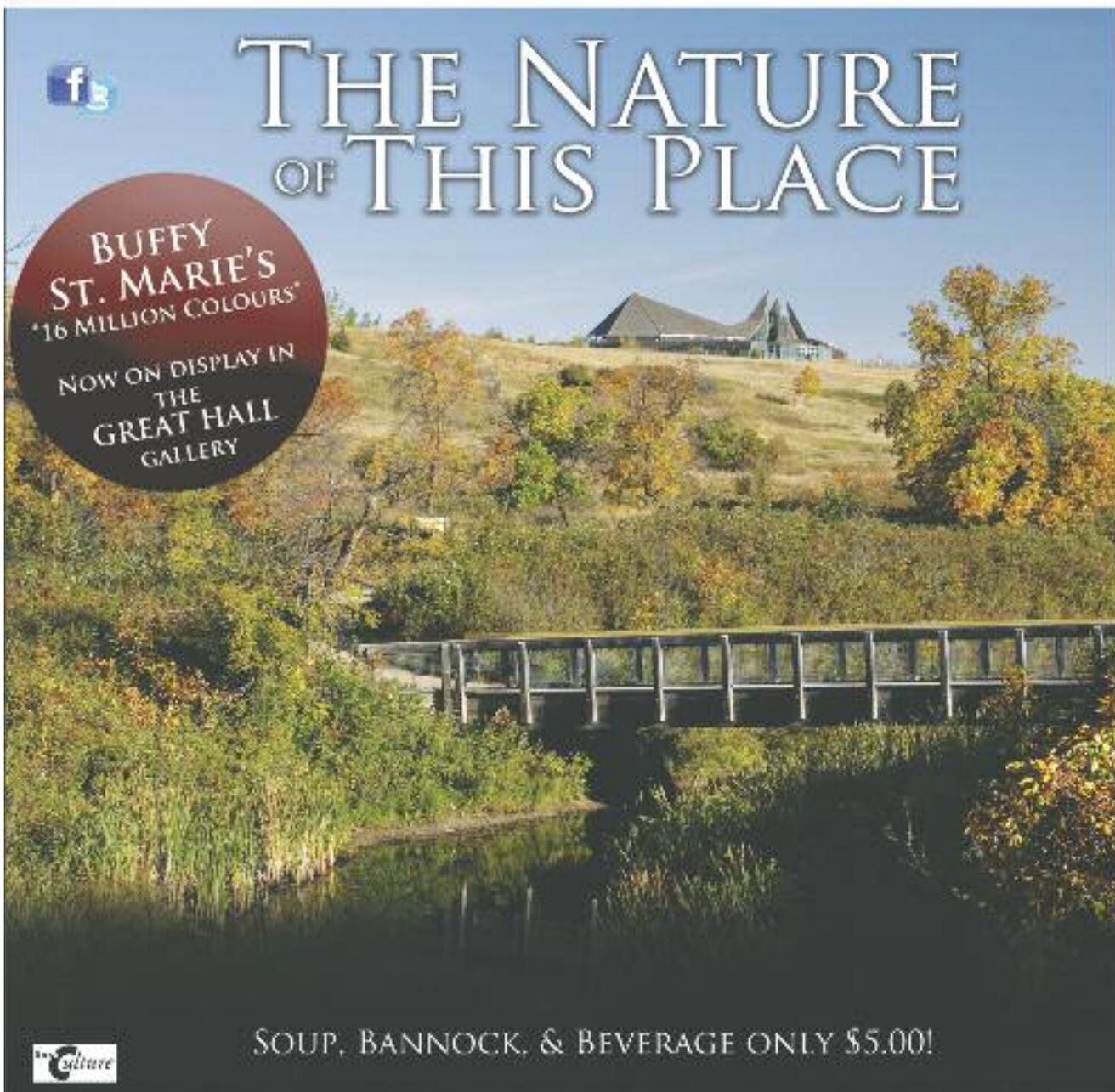
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Graduation rate far exceeds modest objective

• Continued from Page One

“This helps build the confidence of our highly qualified teachers, and it connects them, as many of them are dealing with tough, generational issues...and they had been working in isolation and without the big picture.”

As part of a two-day orientation before school began this fall, all 11 schools and its staff met to share information, talk about the roles and responsibilities of teachers and reorient new and returning teachers.

Because T4SSP is new, Whiteman says administrators had to be selective in terms of what areas they were going to focus on. Early literacy is one such area, and Whiteman says it will be interesting to see how the Kindergarten to Grade 3 students from the 2009/2010 school year do over the next few years – and not just number of graduates, but the quality of those graduating.

The T4SSP has a new position of Nation Builder Advocate, and the ultimate goal is to turn graduates into Treaty 4 nation builders who have strong identities and skills. Whiteman says there is even discussion about not using grade designation, which would involve replacing “Grade 12” with something that more closely reflects the end result of a nation builder.

“We’re very concerned about the quality of literacy,” says Whiteman. “It’s not to lay blame on schools and teachers, but we need to ask ourselves, are we satisfied with the levels of those graduating?”

What this means in the classroom is building on the Hummingbird Literacy Project, where community Elders work with teachers so the Social Studies class is focused on Treaty 4 history. Over the course of the year, students at Kawacatoose, for example, learn about the First Nation, the history of its chiefs, who signed at Treaty and the significance.

In high school, educators are exploring more experiential, land-based learning as well as what role technology can play in learning.

Improving early literacy also means supporting teachers. The 11 schools belonging to T4SSP are part of 40 schools across Canada in a Confident Learners pilot program beginning this fall, and it was also part of the two-day orientation. The program guides teachers on how to teach reading, and it also teaches Educational Assistants, Teacher Assistants, principals, and parents how to support language skills at home.



LORI WHITEMAN

The original goal was to see a one per cent graduation rate increase from the 2011/2012 to 2012/2013 school year.

Whiteman says the goals may seem modest (Aboriginal Affairs asked why they set the goals so low), but Whiteman says they didn’t want to set themselves up for failure.

“We’ve been doing that for decades.”

The goal was surpassed slightly: in 2011/2012, 41 students of a potential 91 graduated for a 45 per cent graduation rate. In 2012/2013, 39 students of a potential 73 graduated for a 53 per cent graduation rate.

It’s difficult to identify exactly where the success is coming from, but Whiteman suggests it has to do with how teachers are approaching the work – she says there has been a significant improvement in professional networking - and how all schools are working on improving education together.

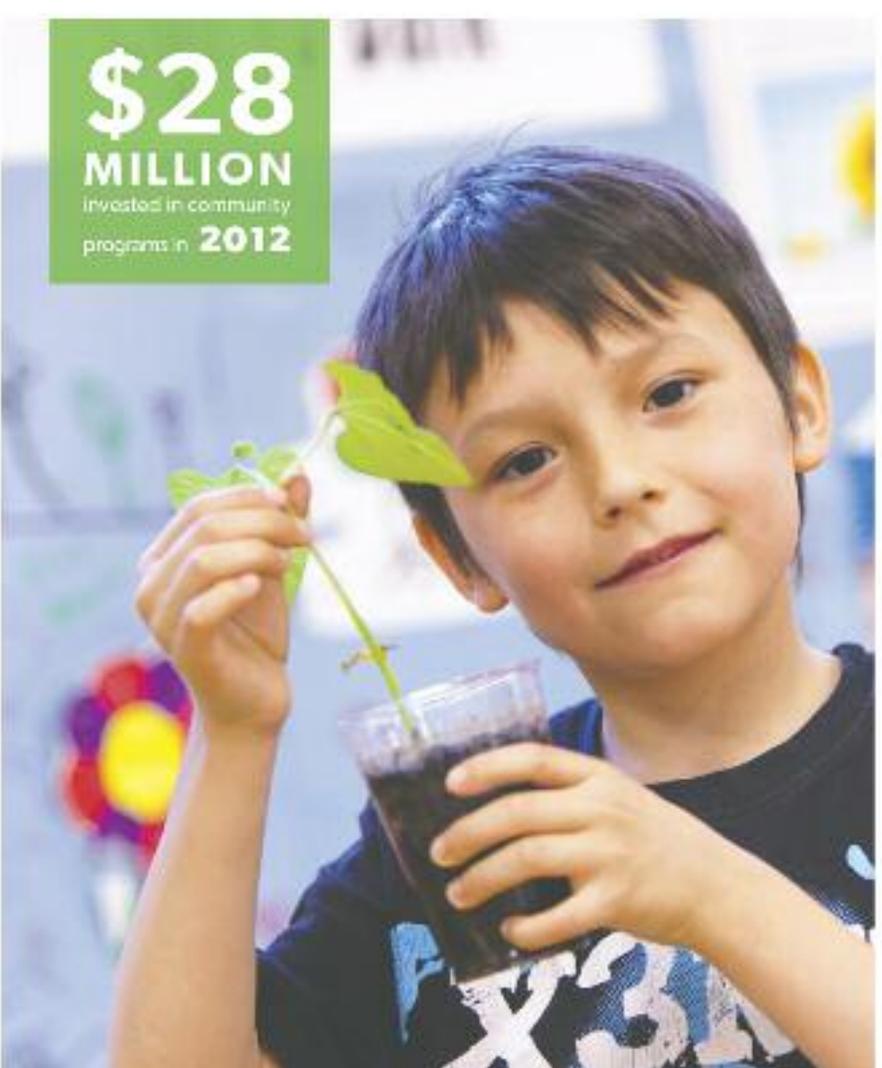
“It’s being really aware in how we’re communicating with each other, whether it’s parents, teachers or caregivers.”



A strong part of the Treaty 4 Student Success Program is infusion of culture and the creation of nation builders. These two students took to the drum at Treaty 4 Celebrations. (Photo by Troy Isnana)

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Back to school takes on new meaning this year

All of a sudden it is September and students across Saskatchewan have filed back into the schools and we press reset after a long summer. It seems as though everything changes in our province the first week of school. Business picks up, kids activities start and we have to change from the lazy pace of summer to the hectic "real life".

Most parents, like me, just aren't ready and we take a few weeks to find the groove. We scramble to buy glue sticks, the house gets messy and piles of work appear on your desk. There has to be some sort of program or process to help us prepare, or remember from last year, that the real world is starting again, anything to help the adjustment and work shock that we are in. Back to school boot camp maybe?

If we think we have it tough, the young people and adult students have it tougher. New teachers, new classmates, new pressures and hopefully some new sneakers to break in are September realities for students. Schools do their best to make a new home for the next ten months of the student's life but the first couple weeks of school are often fraught with insecurity and worry. If the teacher and school are prepared, it can make that transition that much easier.

I recently had the honour of speaking to teachers who work for the Treaty 4 Student Success Program. They had gathered in Melville to plan their year and team build as they enter another year of their innovative programming. For the first time ever, a teepee had been erected on the front lawn of the Melville convention centre and the teacher gathering was kicked off in a good way with a pipe ceremony.

Several Elders and staff participated and several pipes were raised. It was a beautiful experience. One of the Elders, A.J. Felix, said something very poignant about the old days. He said that, in the past, young men and women would walk out of the teepee at age 16, not as teenagers, but as full adults, with all of

the skills and abilities to raise children as good mothers and fathers, to hunt, to run the camp.

The Residential schools took that away he said. Times have changed and the important role is now the responsibility of the schools and the teachers to create the hunters, mothers, fathers and leaders of the future. The youth must be able to take on the world when they leave high school and the skills, now different, still provide the basics of life, just now in a different context.

His words were powerful and relevant and sunk into the participants in the teepee. People exited the teepee fully understanding the importance of the role of the schools and teachers and the responsibility they have to the young



Youth from the Atoske program check out the inner workings of a potash mine.

people. All teachers should hear that message. Nothing is more important than our next generation and what we do for them.



Publisher's Notes
John Lagimodiere

ATOSKE

The Atoske program is a job readiness program run by the Saskatoon Tribal Council in partnership with the Gabriel Dumont

Institute and with funding from Potash-Corp. Originally intended to prepare young people for City of Saskatoon summer jobs, it has morphed into a well-rounded life and work preparing two weeks for almost 50 youth. They empower them through knowledge and give them marketable skills to take into the future.

Besides getting First aid and WHIMIS certificates, participants also create resumes, team build, learn to canoe and work with children and they top off the program with a tour of a potash mine where they go underground.

for the tour. People teased each other and joked, but it was all to ease the tension of going over 1,000 metres underground.

Most of the young people had little knowledge of what goes on at a mine and their wide eyes certainly took it all in. They also took it in by taking an uncountable number of "selfies" in their hard hats, safety glasses and duck lips that were posted on Facebook as soon as they had coverage above ground. It was fun to watch.

One memory I will take away was when one of the youth asked if they could take a chunk of potash as a keepsake from underground. Samples are certainly allowed they were told. Well, it turns out "sample" means different things to different people. I had to chuckle when on the way up the lift to above ground, I noticed one of the students had a handful of potash bits and a ten pound chunk of potash in the leg of their coveralls ... ten pounds ... and they limped off the lift dragging this chunk of pink rock beside their foot. It was priceless.

The miners laughed, the kids teased the rock hunter and someone now has a big pink and salty piece of potash on their coffee table at home. We warned them not to lick it too much, but you know how irresistible potash is. I hope she drinks lots of water, cause she has lots of potash at home. Great memories for all involved.

And a big way to go

Big news out of CTV this month. Our old pal and the most recognized First Nation person in Saskatchewan, CTV reporter and host of Indigenous Circle Nelson Bird, has been promoted to assignment editor. This is a very fitting promotion for a real pro.

Creson Agecutay will take his place as the host and co-producer. Creson has written for us in the past and his work at CTV and on Indigenous Circle made him a natural fit for the job. Congratulations to our two media brothers that are doing great work and making us very proud.

I was fortunate to go on the tour with this lively group. As expected, the youth were nervous as they donned their coveralls and protective gear to prepare

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Education is a sport for the whole family team

The new school year is here. Some are overjoyed to see friends and start a new grade level. Some wish that summer would never end. I know most parents have been patiently waiting for school to start since the second week of summer holidays.

Woody Allen said 90 per cent of life is showing up, and we can say the same thing about parenthood. So put parenting on your to-do list. Parental involvement is consistently linked to school success, even in higher grades. Studies have found that parents who visited the school regularly and encouraged education at home had higher social skills and lower rates of problems such as anxiety and depression.

Children truly are amazing little creatures. They learn by watching, playing and finding their place within their families. How adults value and treat children influences how children develop. Today we have more information than ever about children's many abilities in their early years of life.

It is now understood that play has a more important role in children's development that most adults realized in the past. Viewing children as competent learners has a strong, positive influence on children's identities, growth and development. I encourage parents to focus on their child's strengths and this will

in turn positively impact their learning.

Children learn best when their ideas are valued, their physical needs are met and they feel psychologically secure, so we need to care about and respect our children. Recognize children's curiosity, questions and theories and remember there are no dumb questions. Involve children in decisions.

This was always one of my favorites because there are times when things don't go as planned and it's good for your kids to learn that they should always have a backup plan just in case something goes sideways. Include all children in activities.

Now this is a fun one! Try to encourage your older children to play with their younger siblings and listen to the outcry of unfairness that your older children will spew: "I don't want to take my brother; he always gets into trouble and he never listens to me and my friends think he's a big baby."

We need to value the many ways that children communicate and recognize that even the tantrum in the grocery store is communication. It really is critical to teach our children to respect the importance of families, communities and cultural environments and the only way to do this is to

lead by example. My folks always told me that when I was a parent my kids would do what I did and not what I said – were they right!

So parents, watch your step and think before you speak because these little sponges are watching our every move and listening to every word. Believe me they will copy our actions and repeat our words (particularly the four letter words). Encourage positive relationships among all children; sounds logical but try volunteering to supervise the play ground one afternoon and you will see how challenging this can be.

See children as partners in their learning. Play is essential to healthy development. Provide materials and experiences which help all children to learn and grow through creating and playing. The teacher role should be to help children experience wonder and delight in their everyday experiences.

Give children opportunities to make choices about their play activities. What is the function of play? Research has demonstrated that play enables children to make sense of their world, expand social and cultural understandings, express personal thoughts and feelings, learn to consider other

people's feelings, negotiate play roles and plans, develop self control, extend language and literacy skills and enhance brain and motor development.

Children develop as whole persons. Children's passion for learning, their interactions with others and their life experiences affect their total being. Physical activity promotes overall development and stimulates brain connections. It is a foundational aspect of growth and well being in children. Children are naturally curious about their world. Encourage play time in your children's daily activities and don't be afraid to join in the fun.

Everyone is busy these days, but make time to make your child's school experience a priority. Be present in your child's school life. Read the notes that the teacher sends home and attend parent/teacher nights. Find out what your child is learning and ask how you can help them be successful.

My favorite quote is from John F. Kennedy who said "If not us – who? If not now – when?"

Education is a team sport so get involved parents!

Until next month play safe. Keep your emails and letters and letters coming? You can write to me at Sandee Sez C/O Eagle Feather News PO Box 924 St Main, Saskatoon SK, S7K 3M4 or email sandra.ahenakew@gmail.com



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Cruel beyond belief: Children in state custody

In Canada, the case of the tyrannical Indian Residential Schools system is becoming well-known, in part because of the work of First Nations leaders that led to a settlement and the establishment of the Truth and Reconciliation Commission of Canada.

The system that operated from the 1800s to the 1980s was designed

expressly to eliminate Indians as such: to assimilate them into the general population with the same beliefs, values and languages. The anguish and pain that was generated by forcibly taking children away from their families is being documented, including in such books as my friend Ted Fontaine's Broken Circle.

The system has its equivalents in other states that have spawned from the former British Empire and its values where indigenous children were taken from their families. That includes the United States and Australia, where the removal of indigenous children has documented in the monumental 'Stolen Generations' report in 1997. The message has been dreadfully simple: "Stop being who you are because you are not worthy: be like us".

But the forcible taking of children from their families by state bureaucrats in the name of the state and based upon the state's monopoly on forcible action has not stopped. First Nation leaders have pointed out that the so-called 'child welfare system' is taking more children away now than did the Residential School system.

Some have turned their attention to unfairness in the system, as exemplified by the courageous work of Cindy Blackstock a First Nations woman who has been challenging the system in 'human rights' tribunals and courts. Cindy has been paying a well-publicized and heavy price for her efforts, including harassment by federal agents.

I believe the issue is bigger than the case of indigenous children being taken into custody by state agents. It involves a view about the proper role of the state, particularly in steering cultural change. The issue is of monumental importance because only the state has the legitimate use of force on its side, backed up by the law and the police.

The view one takes about taking children away from their families involves a judgment about the role of the family and the role of the state. We have accepted that the state ought to take over sanctions for criminal actions instead of families seeking 'blood revenge'. But what are the legitimate boundaries that ought to protect the family from the forcible exercise of state

power?

Pierre Trudeau famously proclaimed that the state has no business in the bedrooms of the nation. What would he say about the current turmoil and litigation over

'gay marriage'? Trudeau also spawned the modern constitutional sea change of 'multiculturalism' as a response to Quebec separatism. Today the province of Quebec is fighting against the

implications of this change, which has morphed in popular language into the empty 'diversity' label.

The recent focus of this debate has been Quebec's Charter of Values, which would ban the wearing of religious symbols by public servants. The charter, which at least one poll reports is being supported by a majority of Quebecers, has been used by the Parti Quebecois to attack 'multiculturalism'.

A 2008 Quebec provincial commission recommended that judges, police officers and others in the legal or law enforcement arenas be barred from wearing religious symbols. This contrasts sharply with the federal retreat in allowing turbans to replace the traditional RCMP hat, one of the few remaining national symbols.

The debate about the proper role of the state and the forcible taking of children has its most apparent and heart-breaking illustration in the current Manitoba case involving Old Order Mennonites. According to news reports, many children were taken from several families on allegations of abuse made by older children. Families interviewed stated that the children included at least one baby who was being breast-fed. Prominent people who were interviewed defended the Mennonite culture and described the people as gentle and forgiving.

What is the proper role of the state in deciding on cultural and family values and practices? Canadians are deferential to authority and state rules are designed by bureaucrats. Churches have lost their sway over the public and the political mind. Today 'father knows best' is replaced by 'the state official knows best'. State propaganda backs its actions and it works!

Children taken into custody are said to be 'in care', even by the most dedicated opponents of the system. Those who are forced to go to prison are dealt with by the 'justice' system, not the 'criminal law system'.

Should the state through faceless bureaucrats be taking babies from their mothers' breast and doing it in our name?

What have we learned from the Indian Residential School experience?



Comment
Paul Chartrand

Strategies to strengthen your immune system from Free Radical Toxins

Part Two: The Damage Significantly Outweighs the Benefits

Fighting off the damage of free radicals needs a strong army. Nature has wired into our DNA to make chemicals that help to protect our cells against this damage. These chemicals are called antioxidants.

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Minerals like zinc and selenium are powerful antioxidants. Quercetin, a member of the flavonoid family, is found in apples and onions and has a tremendous antioxidant activity. Spices like turmeric are a tremendous source of antioxidants. The immune system is 'holistic' as evidenced by the close association of psychological neurological, nutritional, environmental and the hormonal system, which has many factors to enhance the immune system.

The best approach to supporting immune function is a plan involving lifestyle, stress management, exercise, food treatment plan, nutritional supplementation, glandular therapy

and the use of plant-based medicines.

Reaction to stressful stimuli is entirely individual, reinforcing the fact that people differ significantly in their perception and responses to various life events. Stress induced increased the cortisol level, which is produced by the adrenal gland. As with many autoimmune diseases, it is important that in any treatment plan that adequate rest and the elim-

ination of stressful activity.

Other factors that are important are to eliminate caffeine as it excites the adrenal gland. A healthy lifestyle can go a long way in establishing a healthy immune system.

Lifestyle practices that affect the challenged immune system are smoking, drugs, alcohol, sugar, white flour products. Consistent with good health, optimal immune function requires a healthy diet rich in natural foods, such as fruits and vegetables, grains, beans, seeds and nuts, chicken, fish, turkey and lean red meat.

These dietary recommendations along with a positive mental attitude, a good high potency multivitamin (Multi-Start) regular exercise program, daily deep breathing (meditation, prayer) and at least eight hours of sleep daily will go a long way in helping the immune system.

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Cake business rising in appeal for Regina baker

By Morgan Beaudry
For Eagle Feather News

Stephanie Cappel's first cake was a spur-of-the-moment entry into a Muscowpetung First Nation Treaty Days cake contest. The two-tiered cake embellished with life-like eagle feathers not only won the day – it launched a business.

"I wasn't a baker. I'm self-taught and learned through the Internet and my 'cake' friends on Facebook," said Cappel. When she entered the contest, she was a University of Regina arts student with no particular career ambitions. Now, a post-victory Cappel has carved herself a niche in the competitive world of custom cake making.

After her win, Cappel applied to work at several Regina specialty bakeries that do custom cakes. None got back to her with an employment offer. Good thing, too, because word of Cappel's delectable talents spread. Soon she was inundated not only with orders from friends and family but also from total strangers.

"My first business order was for a Halloween scene wedding cake. It was white, three tiered and I had to pour 'blood' – strawberry syrup, which I made myself – all over it. They loved it!" Cappel said. "And the orders just kept coming in."

Working in her small kitchen in her Smith Street Regina home, Cappel bakes, carves, stacks and decorates whatever her customers can dream up: soaring wedding cakes with lace-delicate icing motifs; classic car cakes with precise fondant detailing; occasional cakes studded with candy jewels, sprouting bouquets of fondant flowers, or hand-painted with dazzling stained glass stenciling. What lies beneath the pretty exterior is customizable, too. Cappel also offers customers nut-free and diabetic-friendly options.

Cappel's homemade and hand-decorated creations range in price from \$40 to \$450. Simple occasion cakes can take between four and eight hours to complete. Elaborate multi-tiered cakes, like the one Cappel created for Treaty Day celebrations in Fort Qu'Appelle, literally eat up days of creative labour.

Husband Jared is Cappel's official taste tester and her seven-year-old daughter Shayna isn't shy about weighing in with design suggestions.

As her slice of the custom cakes business continues to grow, so does her ambition to open a storefront operation.

"It's profitable and this is what I do for a living. I'm considering what kind of help I'd need, the overhead cost, and I'm working on a business plan," Cappel said. "I've had to say 'no' to some orders because I just don't have time, help or room to do them."

The leavening she needs for her business might be close at hand. Steph's Cakes is among the baker's dozen of entries for CBC's BoomBox, an all-Aboriginal business idea challenge. A panel of entrepreneurs and investors will award three winning entrepreneurs with cash, business savvy and start-up know-how to launch or expand their operations.

"The cash would be great to win but I'm looking forward to the mentoring as well," said Cappel.



Stephanie Cappel is considering ways of expanding her Regina-based business. (Photo by Morgan Beaudry)

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Carol Daniels talks about her painful Osteoarthritis journey

When I was 48, my hip started to hurt. I thought it was the weather. By 49, I was limping so badly, that I had to walk with a cane. What the heck? I finally went to a doctor, and my MRI showed that the cartilage in my hip had completely disappeared. The diagnosis was osteoarthritis.

Turns out arthritis is a serious issue affecting over 4.6 million Canadians, but especially affecting First Nations and Métis people. We're almost twice as likely – 32 per cent versus 17 per cent – to get arthritis as the rest of the country.

For rheumatoid arthritis, not only do we get it more we get it more often, the symptoms tend to be worse as well. And it's not just about aging: about two-thirds of our people living with arthritis are under age 60.

I don't know how I got it. Maybe it's hereditary, or maybe it's because I didn't drink the skim milk my parents gave me when I was a kid. Whatever the reason, it was there.

The pain was unbearable, like nails being hammered into my body with almost every movement.

"How was your day?" my husband would ask, and I would burst into tears. "Oh my God, it hurts so much – I can't stand this anymore."

That happened too often, the tears. Over the counter medications didn't help. Hot baths and massaging the area did not help. The pain was overwhelming and would keep me awake at night.



Surgery has given Carol Daniels a new lease on life.

That's when I went to see a specialist.

"We need to get you into surgery as soon as possible."

Yikes, I needed a total hip replacement, but it was not guaranteed.

"Things can go wrong," the doctor warned, and then he sent me to the hip clinic. It's where nurses and physiotherapists go through a step-by-step description of what lies ahead.

"They will saw off the top of the bone and replace it with this steel device," they said, showing me the device, along with graphic and horrifying account of what hip replacement is all about.

I started to cry again, fighting back the tears as I sat amongst strangers who were probably just as aghast and teary-eyed. Did I have the courage to go through with it? What about the anaesthetic? Everything about that word seems sinister.

"Do you want a general or a spinal?" they asked, as if I would know.

I was terrified of the surgery, but I knew I needed it. Long walks with my dog, flirting with my husband, and playing outside with my children were not things I could relegate to memory. These are important and beautiful moments, and I want more, and for a very long time to come. Fortunately I didn't have to wait long, unlike some we hear about who have to wait months or years.

And if you ask me, all those horror stories were exaggerated. After I recovered from surgery (and that didn't take too long) the rotten nagging arthritis pain was just ... gone. Like a miracle, and for that I give thanks to the Creator, and to a fine surgical, nursing and home care team.

Within a day – a day! – I was walking with help. The next day, I was walking on my own with a walker. Within two weeks I was using a cane, and within three weeks my hip had healed enough that I could start rebuilding muscle and getting back to my life.

That includes being active – it's two months since surgery, and I am back on the bike path, taking it slow but riding about five kilometres a day. I do my strengthening exercises and I am just smiling again, all the time.

Any worries you may have about joint replacement will be outweighed by the happiness of feeling whole again. Until the next time I am scheduled to fly, that is. The idea of my body setting off the security gate makes me giggle.

Although there is no cure for arthritis, with the right treatment, you can take control of your disease and keep your joints as healthy as possible, for as long as possible. You're not alone, talk to the people at The Arthritis Society – they offer resources and programs to help Canadians live well with Arthritis, how to handle pain and stress, eat healthy and stay active to minimize symptoms.

You can find them by calling 1.800.321.1433 or visiting their website at www.arthritis.ca

Let's talk about FASD on Sept. 9

Fetal Alcohol Spectrum Disorder (FASD) Awareness Day is Sept. 9. This year's theme is "Let's Talk About It."

FASD is a life-long disability that is caused by women drinking alcohol while pregnant. The Public Health Agency of Canada estimates that one out of every 100 children have an FASD. That means that in 2012, approximately 150 Saskatchewan babies were born with an FASD.

"Raising awareness about the realities of FASD remains a commitment for our government," Social Services Minister June Draude said. "The harm that alcohol can cause to a developing fetus will last for a lifetime."

To assist with preventative measures, the Saskatchewan Liquor and Gaming Authority (SLGA) has contributed \$150,000 to two Saskatchewan agencies that promote awareness and prevention of FASD.

"FASD creates many challenges for

individuals, families and communities and this funding will allow us to provide support at the local level while also raising overall awareness aimed at prevention," FASD Support Network of Saskatchewan Executive Director Leslie Allen said. "We appreciate the continued financial support from the provincial government."

The Saskatchewan Prevention Institute will receive \$65,000 to support their continued "No thanks I'm pregnant" education and awareness campaign which can be seen in bars, restaurants, buses and SLGA locations, as well as other ongoing awareness and prevention outreach.

"FASD is a complex issue requiring complex and creative prevention strategies," Saskatchewan Prevention Institute Executive Director Noreen Agrey said. "FASD Awareness Day presents a great opportunity for organizations like ours to work with communities throughout the province."

Important Public Safety Notice

To meet the growing need for electricity in northern Saskatchewan, SaskPower is building a new overhead transmission line to run from the Lindsay Lake switching station to Key Lake.

Construction is now underway and will continue until June 2014. Please stay alert to work crews and heavy equipment in your area and keep well clear of construction zones at all times.

This power line is a major investment in the future of the north and is part of SaskPower's commitment to build Saskatchewan's electricity system to meet future demands. We want to ensure all communities and businesses have the power they need to grow.

Thank you for your patience and cooperation as we work to improve electricity service for all customers. To our crews and everyone involved in this project, thank you and stay safe.

A Rose by any other name

Ian Campeau, aka Deejay NDN and DJ Shub and DJ Bear Witness, make up one of North America's hottest touring acts: *A Tribe Called Red*. The group released their second album, *A Tribe Called Red*, last year and it's been winning awards across Canada and was included in the *Washington Post's* top 10 albums of the year. However, for this interview, the focus was on the human rights complaint Campeau filed with the Ontario Human Rights Commission against the Nepean Redskins, a youth football organization. Examples of sports teams with racist names can be found across North America from the Washington Redskins to the Edmonton Eskimos to Saskatoon's own Bedford Road Redman. It's an aspect of racism that is particularly resistant to change. It doesn't make a whole lot of sense. If you wouldn't name a team after another ethnicity or race or religion, then why is it okay to do to First Nations? Others might argue that it's a small issue and that we have bigger fish to fry. Ian Campeau clearly disagrees. (Eagle Feather News writer Dawn Dumont talked to Ian Campeau about his protest and the act's success)

DAWN: What made you decide to file a discrimination complaint with the Human Rights Tribunal?

IAN: The human rights complaint was part of a three-year campaign. The first year, I emailed everyone in the Nepean Redskins organization just pointing out that it's not right for them to use that name. I didn't receive an answer from anyone. The second year, I started tweeting at their sponsors. One of the sponsors decided to pull out as a result but the organization still wouldn't change their mind. Finally this year – the third year – some lawyer friends of mine offered to take on the case pro-bono. They said we should file a human rights complaint here in Ontario. And even though it's not federal, it'll help get rid of names like this across Canada.

DAWN: What do you hope to accomplish?

IAN: We want the organization to change the name. And we want the Ontario Human Rights Commission to have a policy in place.

DAWN: Like the Federal one that you posted on Facebook?

IAN: Yeah the one that says, "It is a discriminatory practice to publish or display before the public or to cause to be published or displayed before the public any notice, sign, symbol, emblem or other representation that expresses or implies discrimination." Canadian Human rights Act 12 (A).

DAWN: Did you ever encounter racism growing up in Ottawa?

IAN: It was always the tongue-in-cheek racism that everyone growing up in an urban centre deals with. In high school, I had the nicknames "chief" and "no tax."

DAWN: Mine was No-Ass. On a scale of 1 to 10, how racist is Canada (1 being Germany in 1948 and 10 being Germany in 2013)?

IAN: I don't like to compare struggles. But I'd categorize Canada as very racist, especially when you realize that Canada was founded on racist principles. There is a huge pillar of racism in the sense that his place had to be colonized. And why was that? Because they thought their culture was better than ours. This is why we're referred to as savages and why all of the founding fathers had a policy for dealing with the "Indian problem." Like John A. McDonald had a final solution for dealing with us and now this guy is on our money and I have to contemplate how this guy hated me every time I look at it. When you're discussing Canada, you can be proud of Canada but you have to be aware that this comes from a gigantic pillar of racism. People don't like thinking about that

part. Nobody likes to say that their pride stems from racist principles.

DAWN: Do you feel a responsibility as an artist to produce work that is anti-racist?

IAN: As an Aboriginal artist, I feel a responsibility to address some of the racism. And I have voice and a soapbox where I can speak out. Every Aboriginal artist has a right to confront the problems facing us. But I set out to make people dance and if they get what we do politically then that's great. But if they like the music and they still walk out of the show with the same beliefs – then that's okay too.

DAWN: Having been to four of your shows (one more and I'm officially a stalker), one of the things I admire most about your shows is the passion that you all have for the music, how do you keep that passion alive night after night?

IAN: It's fun. We get to travel and I play music for a living. I can't really complain.

DAWN: What super power do you wish you had?

IAN: Do I have to have the downside too?

DAWN: You don't have to have the downside.

IAN: There's a comic book character called Supernova and he has the power of a million exploding suns which I think is super badass. The problem is that he's schizophrenic and agoraphobic. That power without the downside.

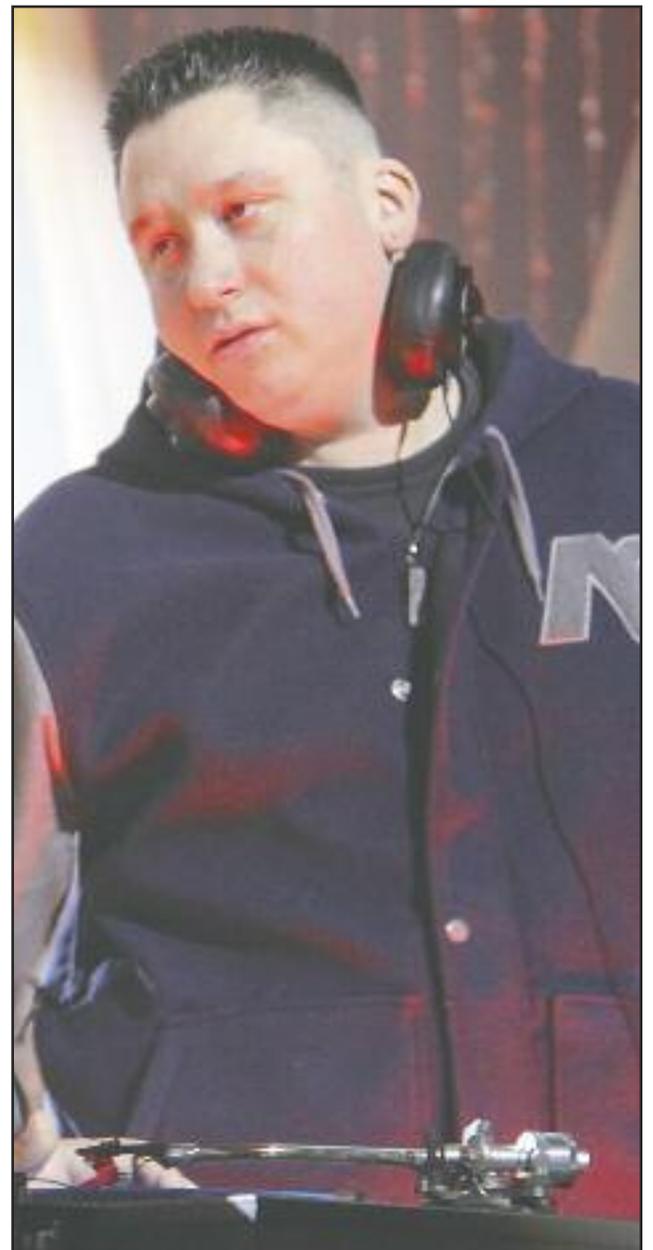
DAWN: It would be hard to perform shows if you were agoraphobic. So, here is my last question and it's a two parter: what's up next for you – Ian, the person, and then second part, what's up for A Tribe Called Red?

IAN: When it comes to the Human Rights Complaint, we're waiting to hear back from the other side. They have to send their rebuttal stating their side of the argument. Or they could decide to change the name but it doesn't look like that's gonna happen. After the rebuttal is in, the matter will go to mediation.

DAWN: Why are they fighting so hard to keep the name?

IAN: They're resisting because of the state of entitlement in this country. They're fighting for their right to label an oppressed race.

DAWN: What's A Tribe Called Red up to next?



A Tribe Called Red member Ian Campeau is determined to make a statement about racism.

IAN: We're going to Mexico for two weeks, doing shows down there. Then the next month we'll be heading to Europe for three weeks. We have shows booked in France, Germany and Switzerland.

DAWN: What are your travel accommodations like nowadays?

IAN: Shub and I share a room. Bear gets his own room because he likes it about a thousand degrees.

DAWN: Makes sense. Bears do like to hibernate.

CALL FOR ARTISTS

Request for Qualifications
Public Art Project Saskatoon 1812 Monument
Commemorating the Bicentennial of the War of 1812

The objective of the project is to commemorate the significance of the War of 1812 in a provincial and local context.

Whitecap Dakota First Nation, in partnership with the City of Saskatoon, is seeking Qualifications from an artist / design team for the creation and implementation of an interpretive collection of works (commemorative monument and interpretive panels), to be located at the Roundabout at Avenue A and Spadina Crescent, Saskatoon, Saskatchewan, Canada.

To view the complete Request for Qualifications please visit:
www.saskatoon.ca (click "A" for Arts).

Submit inquiries to:
Public Art Consultant
alejandro.romero@saskatoon.ca
306-657-8671



Deadline for Submissions:
September 25, 2012, 3:00 PM CST.

It is the responsibility of the applicant to check www.saskatoon.ca for any updates prior to submitting your application.



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Arts Board Deadlines

<p style="font-size: 8px;">(306) 707-4255 (Faxes) (306) 684-1135 (Reservations) (306) 967-7125 (Toll-free) grants@artsboard.sk.ca www.artsboard.sk.ca</p> <p style="font-size: 8px;">Funded in part through the financial cooperation of SaskCulture Inc. with funding from Saskatchewan Lottery First Fund for Sport, Culture and Recreation.</p>	<p>The Saskatchewan Arts Board announces the following deadlines for applications to programs that support the work of Saskatchewan artists and arts organizations:</p> <p>Access Copyright Foundation – Events November 1, 2013</p> <p>ArtsSmart/TrustySmart* November 1, 2013</p> <p>Creative Partnerships – Explorations* November 15, 2013</p> <p>Independent Artists October 1, 2013</p> <p>Indigenous Pathways Initiative – Grants to Artists November 15, 2013</p> <p>BookFestivals – Projects* October 15, 2013</p> <p>Saskatchewan Foundation for the Arts Artists Awards October 16, 2013</p> <p>For applications, visit: www.artsboard.sk.ca/grants</p> <p>APPLICATIONS AND SUPPORT MATERIAL MUST BE POSTMARKED ON OR BEFORE THE DEADLINE DATE UNLESS OTHERWISE INDICATED.</p>
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SASKATCHEWAN ARTS BOARD:
CULTIVATING AN ENVIRONMENT
IN WHICH THE ARTS THRIVE FOR
THE BENEFIT OF EVERYONE IN
SASKATCHEWAN



SNTC balancing the books, planning four productions for the 2013-14 season

By Darla Read
For Eagle Feather News

It's been a rough journey at times, but the Saskatchewan Native Theatre Company (SNTC) continues to move forward with the announcement of its upcoming season.

And, artistic director Curtis Peeteetuce is excited about this year's productions because there is such a wide variety of programming.



CURTIS PEETEETUCE

"It means we're able to serve a wide demographic of theatre patrons," he said recently as the company announced its

"We're very happy that within two years, we were really able to rebuild the organization and bring it back to a place where the community supports it and artists want to work with us."

– Curtis Peeteetuce

2013-2014 season along with sister companies La Troupe du Jour and Saskatoon Summer Players, all of which operate out of Studio 914 in Saskatoon's Riversdale district.

SNTC moved into the space after being forced to sell its previous home to pay off debt. When current general manager Alan Long joined the company, it had an operational debt of around \$200,000. Its former general manager Donna Heimbecker is currently facing criminal charges of defrauding SNTC and Human Resources Skills Development Canada, one of the company's funders.

SNTC has now eliminated its deficit and once again has a healthy operating budget – and that feels good, says Peeteetuce.

"We're very happy that within two years, we were really able to rebuild the organization and bring it back to a place where the community supports it and artists want to work with us."

SNTC has four productions this coming year. Next month it is presenting *Water Under the Bridge*, a play about two friends who live on opposite sides of a river that they can no longer cross after the War of 1812 begins. The production, which is meant for ages four and older, asks questions about who is an enemy and what that means if they're a friend or neighbour.

Back this year is SNTC's annual Christmas show, although there will be a new chapter for the Rez Christmas story series. Zula, a character many have come to love, is expecting a visit from her youngest grandson and Sihkos is in hospital after being hit by a snow blower, which worries Clare.

The Circle of Voices production will take place in March. Métis playwright P.J. Prudat will work with program participants to write a play that focuses on Hugh Richardson's sentencing of Louis Riel and the effects that decision has had on everyone's collective history.

Dreary & Izzy rounds out SNTC's season at the end of March. The play features Deirdre, the sole caregiver for her older sister, who has to choose between caring for her sister and how much she wants to explore her own independence. Deirdre is struggling with her reality until she meets a gorgeous vacuum cleaner salesman named Freddie Seven Horses.

Peeteetuce says the company has great momentum from last year (it has eight nominations for the Saskatoon and Area Theatre Awards) and he says they will continue riding that.

Arts Board announces shortlist for L-G Awards

Eagle Feather News writer nominated

The Saskatchewan Arts Board recently announced the short-listed nominees for the 2013 Lieutenant-Governor's Arts Awards. Presented by the Arts Board, these awards celebrate the contributions and achievements of individuals, groups, and organizations in all arts disciplines. Three Indigenous women made the short-list this year.

Ruth Cuthand in the Artist category, Andrea Ledding in Emerging Artist and Shona Stapleton, coordinator of the PAGC Arts Festival as Arts Volunteer are all being recognized for their work.

Andrea Ledding is a Saskatoon-based writer and an inaugural graduate of the University of Saskatchewan's MFA writing program and a regular contributor to Eagle Feather News. Métis culture imbues all of her writing, and her work has earned accolades, including subTerrain Magazine's 2010 Lush Triumphant Poetry Award. She was included in the Canada's Best Poetry of 2011 anthology and won the Saskatchewan Writers Guild John V. Hicks award in 2012 for her poetry manuscript, *Braid*. She also won the 2011 John V. Hicks Long Manuscript Award for her non-fiction manuscript on the legacy of Batoche.

Recipients will be announced at the awards gala on Wednesday, September 25, 2013, at the Conexus Arts Centre in Regina. Recipients are awarded a limited-edition bronze sculpture by Saskatchewan artist Joe Fafard and a cash prize.



ANDREA LEDDING



RUTH CUTHAND



SHONA STAPELTON

TAWOW - WELCOME!

2013 Saskatchewan Aboriginal Writers' Circle

ÂNSKOHK

Literature Festival

November 1 -3, 2013

Travelodge Hotel & Conference Centre, 4177 Albert St, Regina

Celebrating the Work of Indigenous Artists

Richard Van Camp, author of *The Lesser Blessed*

Kateri Akiwenzee-Damm

Gregory Scofield

Andréa Ledding & more

In collaboration with

Saskatchewan Writers' Guild Annual Conference & Meeting

Register at: www.skwriter.com and follow conference links



www.anskohk.com

Procrastination is the heroin of bad habits

Procrastination is addictive. When you're under its spell, you delude yourself into thinking that you can live in the rose coloured present for infinity.

But then a deadline crashes down like an anvil on a rice-cake and suddenly you're like, "holy crap, time to pull an all-nighter."

All-nighters are special events: knocking back litres of diet Pepsi chased with black coffee while playing ABBA at full volume. All of this magic culminates in a 15-page paper on the importance of gnomes in 15th century literature and/or a bout of debilitating diarrhea.

While I'm not discouraging any of that, I'd like to share my less than successful experiences with procrastination.

I'm in my first year of university and it's the weekend before finals. Because it was also Easter weekend, I spent the majority of my time watching the epic movie, The Ten Commandments, which is about 700 hours long. It wasn't Charlton Heston's transformation from a callow, young prince to a totally bearded, serious dude that kept drawing me away from my books, it was his Egyptian princess girlfriend and the erotic way she called out his name, "Oh, Moses Moses Moses ..." (Somewhere in my brain that is always playing on an extended loop.)

At 10 p.m. the night before two exams, I made this promise to myself: "If I get back to my books, I will rent the entire series and watch it all as soon as finals are over."

I compromised and watched until the final five minutes. Two sad things to note: I repeated this same scenario for the entire six years I was in University and two, I've

never seen the ending to that damned movie.

Another time when I was locked in my apartment for a studying frenzy, procrastination came a' calling. I had cleared my social schedule (cancelled my dental appointment) and was sitting down to study when the buzzer rang. I buzzed the person in without checking because I was curious (aka lonely) and lo and behold, guess who showed up at my door? The Normans! No, I jest. It was two Mormons. (But wouldn't that be amazing if a bunch of Normans showed up your door? You know, skinny, geeky dudes wearing heavy metal t-shirts?)

The Mormons generally pick the best looking of their clans to send on the proselytizing road and they had outdone themselves with these two. Without hesitation, I opened the deadbolt to let in the two Abercrombie and Fitch-looking dudes. They were friendly, probably friendlier than anyone has ever been to an un-showered girl with frizzy hair and diet Pepsi stained lips.

We talked about how studying was good for the soul then they segued into talking about how it was even better to study scripture! Then I segued into asking them if they wanted to play beer pong. I managed to keep them in the apartment for about half an hour before they escaped ... er ... left.

Another time, confronted by my bad time management skills, I realized there was



no way that I could finish my research paper unless I became Superman and flew around the world to reverse the spinning of the Earth. But

that was impossible because no amount of super powers would ever entice me to wear blue tights with red boots.

So I resorted to the tried and true "Doctor's Note." My roommate explained that if you had a doctor's note then you could get an extension on your paper. She advised me to go with something that you couldn't get tested for like, "lady pains," "a bad headache" or "concern about a sick relative."

Once in the doctor's office, I nervously

blurted out that I had a migraine because I was upset over my grandmother's terrible menstrual cramps. Somehow, the doctor saw through my ruse.

He lectured me for quite some time. The entire experience was so stressful it actually gave me a headache.

Experiences like these taught me how to manage my time, which is a skill that I employ to this day.

Sometimes. Other times maybe you had a busy weekend cuz you spent hours googling the name of the sexy actress from the Ten Commandments (Anne Baxter!) and then reading her IMDB profile and then updating her Wikipedia page.

So then maybe you had to type your article two hours after it was due.

But hey, the important thing is, it got done and nobody can prove you didn't do it a week ago in a timely, rational fashion.

ABORIGINAL COMMUNITY SPORT DEVELOPMENT GRANT

What is the Aboriginal Community Sport Development Grant?
The purpose of the Aboriginal Community Sport Development Grant Program (ACSDGP) is to provide greater sport participation and development opportunities for Aboriginal youth in Saskatchewan. The program will assist and support the implementation of organized community sport programs to increase sport opportunities for youth in the Aboriginal community.

Who can apply?

- Organizations that provide services with First Nations and Métis people and are registered under the Saskatchewan Non-Profit Corporations Act are eligible to apply (these organizations must have been incorporated and in existence for a minimum of one year); or
- Communities are eligible to apply provided endorsement is received from a Bonded Authorized Officer (i.e. Mayor, Reeve or Chief).
- Applicants must have appropriate levels of participants' insurance covering projects, events and activities that fall under its sanction.
- Ineligible communities or organizations may partner with eligible communities or organizations to apply for support and deliver activities that meet the objectives of the program.
- Individuals and provincial organizations may not apply for funding assistance through this program.

For more information or to receive your application form/workbook, please contact:
Saskatoon District Sports Council
Phone: 306 975 0830 Email: saskateensportscouncil@shaw.ca

BECOME PART OF THE VOICE FOR SPORT!
The Saskatoon Sports Council is looking for Aboriginal Community Members to join our Aboriginal Community Sport Grant Adjudication Committee. The Committee meets 2-3 times per year, orientation included, great group of sport minded individuals. If interested contact Shane Carter at 306-975-0830 or saskateensportscouncil@shaw.ca

PROFESSIONAL NATIVE INDIAN ARTISTS INC. GROUP OF SEVEN:

JANVIER RAY
MORRISSEAU
ODJIG
SANCHEZ
BEARDY
COBINESS

PROFESSIONAL NATIVE INDIAN ARTISTS INC.

SEPTEMBER 21, 2013 - JANUARY 12, 2014

EXHIBITION OPENING
Friday, Sept. 20, 2013 at 7:30 pm

IN CONVERSATION:
ALEX JANVIER & JOSEPH SANCHEZ
Saturday, Sept. 21, 2013 at 2 pm
Artists Alex Janvier and Joseph Sanchez discuss the history of the Professional Native Indian Artists Inc. with Curator Michelle LaVallee.

mackenzieartgallery.ca

The Mackenzie receives ongoing support from the Canada Council for the Arts, the Saskatchewan Arts Board, Saskatoon, the City of Regina, and the University of Regina.

Education will be focus of meetings with Province

By Darla Read
For Eagle Feather News

The province and the Federation of Saskatchewan Indian Nations (FSIN) have formalized their willingness to work together on First Nations issues.

Last month the two parties signed a new bilateral protocol agreement, which sets out a framework of ongoing meetings that will be co-chaired by Premier Brad Wall and FSIN Chief Perry Bellegarde. Included in those meetings, which will take place a few times a year, will be members of the FSIN executive as well as provincial cabinet ministers.

Both parties acknowledged these types of meetings have, in fact, already been taking place, with Wall noting that they date back to when the New Democratic Party was in power, Lorne Calvert was premier and Bellegarde was the FSIN Chief. Wall says formalizing the agreement is significant, though, because it speaks to the commitment of both sides.

"There's something that's a little bit more formal about this, perhaps, and a bit more focusing."

Wall also remarked that by signing the agreement publicly at a news conference, the media would hold the two parties accountable to ensure the meetings are actually taking place, making the process more transparent.

Bellegarde agrees that having such a signed agreement in place is important, even if the meetings were already happening informally.

"It's formalized that yes, we will meet two or three times a year. And, yes, we will have access to the key decision makers around Cabinet table. And yes, we'll have a two-tiered structure where our CEO, our Executive Operating Officer will meet the appropriate Deputy Ministers to make sure there are work plans."

At the time of the news conference, no specific dates had been set on when the two parties would meet, although they did have a discussion prior to their announcement.

Their focus was education because Bellegarde planned to travel to Ottawa to speak to the federal government about inadequate funding, which has long been



Premier Brad Wall and FSIN Chief Perry Bellegarde have committed to regular meetings that will deal with a number of issues. (Photo by Darla Read)

an issue the FSIN has sought to be including things like housing and justice, address. but both agree education and training will

Wall says all issues are on the table, be a big focus.



ROBERT DOUCETTE

By Darla Read
For Eagle Feather News

Despite an attempt by some to stop it from occurring, the Métis Nation Legislative Assembly (MNLA) took place earlier this month, and those in attendance took steps to resolve the in-fighting that continues to plague the Métis Nation – Saskatchewan (MN-S).

The Friday before the MNLA was to take place, MN-S President Robert Doucette was served with a

MN-S mired in legal wrangling

Area directors suspended after seeking injunction

court injunction by a number of area directors and MN-S Vice-President Gerald Morin. They filed with the Merchant Law Group, seeking to prevent the MNLA from happening on the grounds it was called illegally. The judge adjourned the case to October 10, so while the MNLA went ahead, it raised the question how the judge would interpret any decisions made.

Doucette says he's saddened with this turn events. He says it means more money the MN-S will have to spend on legal fees (noting there were two previous and one on-going cases that the MN-S is paying for), and he wishes the plaintiffs would have dealt with their concerns in a different way.

"I had hoped that the area directors and Vice-President Morin would have firstly listened to what was said at the State of the Nation and the special meeting that was called by Métis citizens and just called a Provincial Métis Council meeting and just dealt with business that way."

Doucette noted they all attended the MNLA anyway. "They've stayed at the hotel ... made motions and voted at the start, but then they left and didn't add anything to the proceedings. My question is: why couldn't they just do that? Come to the Assembly and deal with all these issues, because that's all Métis people have been asking."

Derek Langan, Area Director for Eastern Region 2A, insists the Provincial Métis Council has tried to meet and that Doucette has tried to block it, and that's why those who initiated the injunction still attended the MNLA.

"We came here just to let people know, 'You're wasting your time,'" explains Langan. "It's been a waste of resources. Had President Doucette sat down, had PMC meetings with us and consulted the PMC, we would have come up with an agenda, we would have come up with constitutional changes, but we have to meet in order to be able to do that."

However, the court injunction did not sit well with those in attendance. A motion was presented to suspend the following area directors for the remainder of their term (Michael Bell, Glen McCallum, Chester Herman, Derek Langan, Lennard Morin, Billy Kennedy, Helene Johnson, Lela Arnold, Darlene McKay and Beverly Worsley) as well as Vice-President Morin, to be suspended without pay for the rest of his term.

"It's just like a bunch of kids in a sandbox fighting over a dinky toy," said Randy Gaudry, Willowbunch local president in reference to the breakaway group, prior to the vote, which was carried.

Langan called the motion "laughable," saying the MNLA cannot strip area directors of their duties.

"There's nothing in the Métis Act, nothing in the MNLA that gives them authority to have the power to do that. They're just over-stepping their boundaries. They don't understand the constitution. I don't know if they can read and write. What their comprehension level is, I really don't know."

Langan says those in his region support and tell him that if he is removed and a by-election called to find an interim area director, his name will still be put forward.

BUSINESS BRIEFS FROM AROUND THE PROVINCE

Athabasca Development hits a triple in Top 100 companies

Three companies that Athabasca Basin Development has ownership in have been ranked on SaskBusiness magazine's official Top 100 Companies listing in Saskatchewan. All three companies are newcomers to the special 30th anniversary edition of the magazine. The final rankings were revealed at a gala on September 4 in Regina. Team Drilling ranked at #76, Points Athabasca ranked at #79, and West Wind Aviation ranked at #90. The complete Top 100 can be seen in the upcoming September edition of the magazine.

Athabasca Basin Development was also recognized at the gala as a Top 100 Alumni. In 2012, the company was ranked at #48, making them the highest ranking newcomer to the list. The 2013 Top 100 Alumni recognizes Saskatchewan-based companies who have made the list in past years who no longer meet the list's criteria.

"I am very proud to have three of our ten investments listed among Saskatchewan's Top 100 companies," says Geoff Gay, CEO of Athabasca Basin Development.

"As an investment company, we are committed to growing and supporting successful businesses. To have three of our investments reach such a milestone says a lot about the level of success each of these companies has reached, and proves that our strategy of reinvesting for long term growth is working. "I would like to congratulate the management and staff of Points Athabasca, Team Drilling, and West Wind Aviation for making this year's Top 100 list."

Building Blocks for Economic Development Forum at the Dunes

Business and community leaders, elected officials, board members and those involved in economic development across Saskatchewan will



GARY DAVIS



Pictured from left to right: Don Deranger, Board Chair of Points Athabasca, Robert Fleming, CEO of Team Drilling, George Presseault, Contract Manager at Team Drilling, Gord Gillespie, CEO of West Wind Aviation, Brad Darbyshire, CEO of Points Athabasca, Kristy Jackson, Director of Marketing at Athabasca Basin Development, Shauna Loewen, Business Development at Athabasca Basin Development, Rick Philipenko, VP Finance at West Wind Aviation.

benefit from an upcoming conference at the Dakota Dunes Casino Event Centre.

This one-day forum will feature a keynote presentation from Mr. Gary 'Litefoot' Davis, a member of the Cherokee Nation of Oklahoma who currently serves as the President and CEO of the National Center for American Indian Enterprise Development.

The remainder of the forum will include presentations on economic development structures, governance, partnerships, strategic planning, and joint ventures. An interactive discussion panel will be included with the conference, where three First Nation businesses and their partnering companies will talk about the details of how they developed a common understanding. As a part of the conference, an economic development specific tradeshow will be available which includes, industry booths, technical expertise and much more.

The Saskatchewan First Nations Economic Development Network was established in 2012 and is the host of the conference. The Network is a service-oriented initiative, housed at the Office of the Treaty Commissioner, with strategic priorities to assist in promoting and development opportunities including Aboriginal entrepreneurship, skills enhancement for Aboriginal human capital, capacity building through partnership and engagement and education and awareness about First Nation economic development;

The Conference runs September 18. Go to www.sfnedn.com for more information.

ice shafts, and to continue the installation of essential surface infrastructure and utilities. This investment will be spread over a number of years, with completion of both shafts expected during the 2016 calendar year, while the associated works program will extend into the 2017 calendar year. "Annual investment at Jansen of approximately \$800 million will form an important part of the Group's capital and exploration budget, which will decline to approximately US\$16 billion this year. Continued development of the shafts reflects our confidence in the quality of our 5.3 billion tonne measured resource and the compelling long term fundamentals of the potash industry," said BHP Billiton Chief Executive Officer, Andrew Mackenzie.

First Nation and Métis communities around the mine have realized several business and employment opportunities. This includes joint ventures with ATCO to build the site camp as well as sub contract opportunities on the build.

The project is expected to create 2,000 jobs. Communities nearby are Fishing Lake First Nation, Day Star First Nation, Muskowekwan First Nation, Beardy's and Okemasis First Nation, George Gordon First Nation and Kawacatoose First Nation.

Métis Locals in Raymore, Punnichy and Dafoe also have the opportunity to benefit.

Jansen Mine gets \$2 Billion green light

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ABOUT NITHA:

The Northern Inter-Tribal Health Authority (NITHA) is the only First Nations Organization of its kind in the country. The organization is comprised of Meadow Lake Tribal Council, Lac La Ronge Indian Band, Prince Albert Grand Council and Peter Ballantyne Cree Nation and each has extensive experience in health service delivery. Formally established in 1998, the Partners joined together to create NITHA to deliver a service known as Third Level. NITHA provides services directly to the Multi-Community Bands and Tribal Councils in the areas of disease surveillance, communicable disease control, health status monitoring, epidemiology, specialized program support, advisory services, research, planning, education, training and technical support. Our environment is friendly, cordial and team-oriented and our operations are evolving to meet the needs of the Partnership.



The boy in the picture

There are things that come to you in life that you don't expect. Sometimes the sudden surprises are difficult and demand the most of you in order to navigate your way to peace with them.

Other times all they ask of you is reflection. All they ask of you is a commitment to time in order to flesh out your insides with the

definitive impact of their arrival. As I get older I've become better at both but much prefer the latter.

There's a picture that occupies a special place on my desk. It's within easy reach. I take it down now and then and look at it. It's an old black and white photo obviously taken with an early 1960s model Kodak camera. It's grainy and faded. But there's a quality of light in it that makes it magical. It's a picture of a small boy and girl with their arms around each other.

The boy in the picture wears a half smile. He's standing in a fenced backyard squinting at the camera as though it's something alien and he's unsure of what to expect. He's wearing pants rolled up four inches at the hem, suspenders and a nondescript shirt. His runners are worn and old looking. He's small with a severe brush cut.

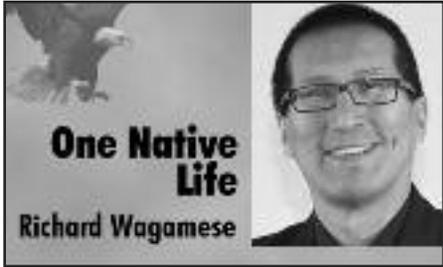
The girl beside him is the same height. She's dressed in saddle shoes with white socks, cowboy style jeans rolled up mid calf. Her hair is cut in a tomboy style with long bangs and she's smiling at the camera like it's a thing she's used to.

No one knew about my night terrors. No one knew about pain I carried in my body. No one knew how damaged I had been by things I was defenseless against as a toddler and an infant.

It's 1963. The girl is my foster sister. I am the kid with the rolled up jeans and suspenders. I am a foster kid and nearly seven years old. That means the photograph is nearly 50 years old and it's the first time I have ever seen it. The kid in the picture has been a stranger until now. When I look at him there are pangs of

regret, of loss and of a time in my life that I never really fully occupied.

Oh, I know who he was. Years of therapy have allowed me to see him in my mind's eyes.



I've held him, comforted him. I've told him that everything would be all right, that he was safe and that he wasn't going anywhere alone

anymore. I talked to him about dark and lonely nights. I spoke to him about how light when it comes can chase the darker things away. I spoke to him about permanence and home, belonging and security. Through all of that, I know him and he knows me.

But I had never seen him. I had never seen the squint, the rough home hair cut, the outsized jeans and the face unfamiliar with smiles or the idea that something could be captured forever. He had only ever been a sea of feelings I carried from all those years. They were feelings of losses I couldn't understand, of an emptiness at the core of me I had carried all my life but had never found the words for.

He sits squarely in my palm like a treasured thing now. I have the photograph. It's mine to keep. I never knew that it was possible for someone to give you years. I never knew it was possible for someone to transport you through time and space. Yet they did and the boy in the picture lives in every line and squint and half smile of the man I am at 56.

See, I was a foster kid. I was a small Ojibway kid cut off from everything that was supposed to be mine. I was lonely and filled with pain. You can tell that by the eyes. No one knew that about me then. I was just a kid. I existed in files; files that no one shared with my foster family, me, school teachers or anyone who had anything to do with me. No one, not even the kid in the picture himself, knew his history.

No one knew about my night terrors. No one knew about pain I carried in my body. No one knew how damaged I had been by things I was defenseless against as a toddler and an infant. The terms, Children's Aid and care, didn't seem to apply much to me or thousands of other foster kids, then or now. As long as they exist only in files that will never change.

The boy in the picture lives in me. He just doesn't carry the pain anymore. I comfort him very day. I heal him and he heals me. Together we give ourselves a new past by creating a better day today. I belong somewhere. I'm loved. I smile at cameras. The child is father to the man.

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Financial Surety

Canadians expect that the money necessary for Canada's plan for the safe long-term management of the country's used nuclear fuel will be available when it is needed. In 2007, the government of Canada selected Adaptive Phased Management (APM) as that plan. Financial surety is a cornerstone of this plan. The NWMO, the organization mandated with implementing APM, must ensure funds are available to pay for the plan. The Nuclear Fuel Waste Act (NFWA) (2002) provides the legislative framework for the program funding, and sets statutory roles and responsibilities for the NWMO and the owners of the used nuclear fuel.

Q. Who pays for the Adaptive Phased Management program?

A. The used fuel owners are responsible for all the costs. The NFWA requires that the planning, development and implementation of the project are funded by the major owners of used nuclear fuel in Canada. Under this Act, Ontario Power Generation, Hydro-Québec, New Brunswick Power and Atomic Energy of Canada Limited are required to establish independently managed trust funds and make annual deposits to ensure that the money to fund the project will be available when needed.

Q. How much money is in the trust funds?

A. As of the end of 2012, the total value of these trust funds is \$2.8 billion. The funds were established in 2002, and annual contributions have been made by the major used fuel owners since.

In addition, other segregated funds and financial guarantees have been established for the long-term management of used fuel, low- and intermediate-level waste, and decommissioning. These separate funds have been established outside the NFWA trust to satisfy requirements from host provinces and the Canadian Nuclear Safety Commission.

In aggregate, the total of all funds available for the long-term management of used fuel amounts to upwards of \$7 billion as of the end of 2012. This amount is sufficient to fund the estimated cost of the long-term management of the 2.3 million fuel bundles produced to the end of June 2012.

The NWMO has the responsibility for maintaining a funding formula and establishing the amount of deposits to trust funds required by each company on an annual basis. Audited financial statements of each of the nuclear fuel waste trust funds are posted on the NWMO website.

Owners	Trust Fund Balance as at December 31, 2012 (\$ million)
Ontario Power Generation	2,558
Hydro-Québec	93
NB Power Nuclear	104
Atomic Energy Canada Ltd.	41
Total:	2,797

Q. How much will the long-term management of used nuclear fuel cost?

A. The APM project has an estimated cost of \$16 billion to \$24 billion. The final cost will depend on such factors as the number of used fuel bundles to be managed, timing of construction and geology of the site.

The NWMO completed a full update of these estimates in 2011. The updated cost estimate covers many decades of APM lifecycle activity for the deep geological repository and related transportation of used fuel. The cost estimate for the APM program, based on a scenario of 4.6 million used CANDU fuel bundles, is \$21.2 billion (based on 2010 \$). When stated in present value terms, which takes into account inflation and fund growth, the cost is \$7.7 billion (also in 2010 \$).

The eventual cost of this project may differ from these estimates, depending on the quantity of used nuclear fuel and other factors. The NWMO must estimate what costs can reasonably be expected to occur over the lifetime of the project, along with a contingency for unexpected events. The NWMO is committed to providing regular assessments on all these factors to ensure that sufficient funds are set aside.

Q. Are the trust funds secure?

A. Yes. The NFWA built in explicit provisions to ensure the trust funds are maintained securely and used only for the intended purpose. The NWMO may have access to these funds only for the purpose of implementing the management approach selected by the government once a construction or operating licence has been issued by the Canadian Nuclear Safety Commission under the Nuclear Safety and Control Act.



Michael Hung is the Chief Financial Officer at the Nuclear Waste Management Organization. Prior to joining the NWMO, Mr. Hung held various positions in financial planning and reporting, accounting and treasury at Ontario Power Generation and Hydro One. Mr. Hung holds a Bachelor of Applied Science in Industrial Engineering from the University of Toronto and a Master of Business Administration from the Schulich School of Business in Toronto. He is also a Certified Management Accountant (CMA).

"Ask the NWMO" is an advertising feature published regularly in this and other community newspapers to respond to readers' questions about Canada's plan for managing used nuclear fuel over the long term and its implementation. The Nuclear Waste Management Organization welcomes your questions. Please forward your questions to askthenwmo@nwmo.ca.

For more information, please visit:
www.nwmo.ca/backgrounders



www.nwmo.ca

Conference will highlight Aboriginal business success

By John Lagimodiere
Of Eagle Feather News

The Canadian Council for Aboriginal Business (CCAB) is gearing up to host the third annual Aboriginal Entrepreneurs Conference and Trade Show 2013 (AECTS 2013) on November 4, 5 and 6, 2013, at the Hilton Lac-Leamy in Gatineau, Quebec.

This event will highlight the significant role Aboriginal people, communities and businesses play in the

economic development of Canada. Major projects happening across Canada and positive attitudes from corporate Canada towards partnering with Aboriginal businesses and communities have primed the Aboriginal business sector for success.

“As host, I am excited by how this conference facilitates business deals and builds relationships for Aboriginal entrepreneurs so that they can have success now and in the future”, says JP Gladu, CEO and President of the CCAB.

“Aboriginal businesses are now firmly on the road to significant growth in Canada. The changing attitude towards the importance of Aboriginal companies is creating an opportunity for deals that will benefit our communities with jobs and investment,” Gladu says.

“This year’s conference will showcase not just why, but how these opportunities can become reality. We do that by showcasing best practices, allowing networking and getting the right people in front of business opportunities.”

AECTS 2013 is an opportunity for players in the Aboriginal community to connect with major developers from the private sector and government. Entrepreneurs at this three-day event, with 400 participants and over 40 exhibitors, will learn how to fully participate in the many lucrative projects being initiated in Canada.

Julie Wriston is the CEO of Pinehouse Business North (PBN) and attended and presented at last year’s conference and found it a very worthwhile experience.

“I discovered at the conference that Saskatchewan is way ahead in governance for Aboriginal business and that people are starting to realize that business involvement is the way of the future,” said Wriston.



JP GLADU

“The best thing was seeing the amount of strong Aboriginal women in business taking their place at the table. We are opening doors.”

This year, the conference starts Nov. 4 with a full day of, by appointment, meetings to facilitate actual business to business opportunities. Then, Nov. 5 and 6, will be fully scheduled with a myriad of opportunities to learn from experts and key stakeholders while connecting with Aboriginal business leaders and corporate Canada.



JULIE WRISTON

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2013

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A new word for government policy: Flannuggery

John L: Efforts to improve education results for First Nation students, and to prevent bullying in schools, were shelved this month by the provincial Ministry for Education. In other news, the federal government continues to withhold resources until First Nation leaders embrace Harper's vision for what's best for his Indians.

Here to comment is Eagle Feather News' own Dirk Dashing, a man once nominated Most Likely. Dirk, what do you make of these latest government moves?

Dirk: For starters, John, the provincial decision to slam on the brakes to education reform were absolutely necessary from a long term economic and social perspective.

John L: I can't wait for this explanation. Why were improvements to how Indian kids are educated halted, and why avoid the question of bullying in our schools?

Dirk: Think about it. If Indian kids get a fair shot at learning they might graduate and make it into, I don't know, engineering or medical colleges.

If they become professionals, who is going to handle the bucket and spade jobs in the booming Saskatchewan economy? And, if Indians are freed of the bullies on the playgrounds and

dismissive attitudes in the classroom, who can we count on to keep the welfare and correctional systems vibrant contributors to the economy? No,

John, the Province needs to hold back the growing tide of First Nation graduates for the long term benefit of all Saskatchewan people.

John L: Um. Wow. So, what do you have to say about the federal government withholding funding? It's my understanding that no money flows until Chiefs sign documents agreeing with Harper's financial and environmental policies. Isn't that a form of extortion?

Dirk: Extortion is a very strong and accurate word to be using here. Sure, Harper is forcing our leaders to run deficits, and build debt, so badly needed programs can be delivered. The solution is simple. All the First Nation Council's have to do is agree with Harper's crippling of the environment, erosion of the Treaties, and accept the authority of the province in First Nation affairs. If Councils do not agree, then they are entirely free to



suffer the economic, political and social consequences.

John L: But this is not a new tactic, is it? I mean, governments around the world do this to their own people. It's the old

rule, he who has the gold makes the rules. **Dirk: True enough, but Canada has a unique distinction. Did you know certain Indian Agents back in the day would withhold rations and other Treaty benefits from First Nation families until he got his needs "satisfied."**

John L: Wait a minute, Dirk. We need to be careful here. I believe you are referring to the practice of some of the more sleazier Indian Agents who would force Indian women to prostitute themselves for food to feed their starving children.

Dirk: What I am saying is that the Harper government has adapted that despicable game. I mean if he knows that the unwritten rule of food-for-rape undermined First Nation family values in the past, then why not inflict that efficient and effective tactic today? I call it Flannuggery.

John L: Flannuggery?

Dirk: Yeah, I believe Harper still idolizes Thomas Flannigan, the anti-Indian crusader who is against so-called race-based policies. Flannigan, you may recall, was also the bozo who said it's wrong to jail people for viewing child porn, an act he says is without victims. You may remember Flannigan as Harper's chief architect of Aboriginal policy. And being an expert researcher of First Nation and Métis history he would have read about the Indian Agent's treatment of our women. He probably saw nothing wrong with that, too. I can hear him now, saying to Steven Battle Hair Harper, "Why not apply that policy of starvation and violation, Stevie, but do it at the level of nationhood. It's a strategy that will have no victims!" Just because I imagined it, does not mean it did not happen.

John L: Alright. Flannuggery. Once again thanks for the strange and baffling insight, Dirk. Next month we need Mr. Answer Guy to respond to reader's questions.

Dirk: Looking forward to it John.

Dirk says, When one door closes ... open it. That's how doors work.

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Mother of child with AMC becomes a tireless fundraiser for cause

By Morgan Beaudry
For Eagle Feather News

Several times a week, Tahnee Dubois and her son Logan hit the waterfront trails along Wascana Lake. The bright youngster and his athletic mom are all smiles but life for the pair is anything but a walk in the park.

During her second ultrasound, Dubois got the news every parent dreads: something was amiss with her baby's development. Dubois was told to expect her baby would have a clubfoot and, maybe, overlapping fingers. Upon his delivery by C-section it was clear Logan had far more serious challenges. His arms were board-stiff against his sides, his right leg bent, and his left folded upwards and flat against his tiny torso.

"It was pretty traumatic when I got to see him but I was happy more than anything – he was healthy and very cute in my eyes."

Arthrogryposis Multiplex Congenita (AMC) is a very rare form of muscular dystrophy, occurring in just one in 3,000 births.

AMC isn't progressive so Logan's mobility will only get better with treatment. Not yet two, Logan has worn casts, splints and undergone surgeries to improve his limb mobility.

"He tries to be independent and if you help him he'll get mad. He can't walk yet but he can scoot on the floor and now he can raise his arms above his head. Mentally it's not affected him at all – he's the happiest baby you'll ever meet."

The stronger he gets, the more he and his mom want to lend their strength to others facing similar challenges.

Inspired by Logan, Dubois has become a tireless fundraiser for local MD charities and Logan himself was named the 2013 ambassa-

dor for the Regina Safeway Walk for Muscular Dystrophy. Between walks, paintball, rodeo and steak night fundraisers, Dubois and Logan have raised many thousands of dollars for charity and to offset Logan's medical expenses. Their Aug. 30 steak night fundraiser raised \$2,000.

"The Riders showed up, helped us sell 50/50s, and donated a game football signed by Darian Durant, John Chick, Rey Williams, and Mike McCullough – whose son unfortunately passed away from Duchenne muscular dystrophy a few years ago – for the auction. They even gave a smaller signed football to Logan!" Dubois said.

Although surrounded by supportive friends and family, she has at times felt very much alone. Only two other families in Regina have children with AMC. She found more families on the Internet. Watching videos posted by likewise affected parents was a source of comfort and inspiration.

"I've been told I'm inspiring for what I've been doing," Dubois said. "But he's my determination to bring awareness to my friends and everyone in Saskatchewan."

In the near future, Dubois hopes Logan will get a place in Hope's Home, a specialized day-care for kids with special needs. She has also applied to get Logan into the Shriner's Hospital for Children in Montreal where he could be treated by world-leading pioneers in AMC treatment, and hopes to raise funds to pay for her and Logan to attend an international AMC conference.

"I want to be able to talk to and connect with more parents going through the same issues so I can know what I will face in future, and to give Logan chance to be around children just like him."



Tahnee Dubois takes Logan for a tour around Wascana Lake.

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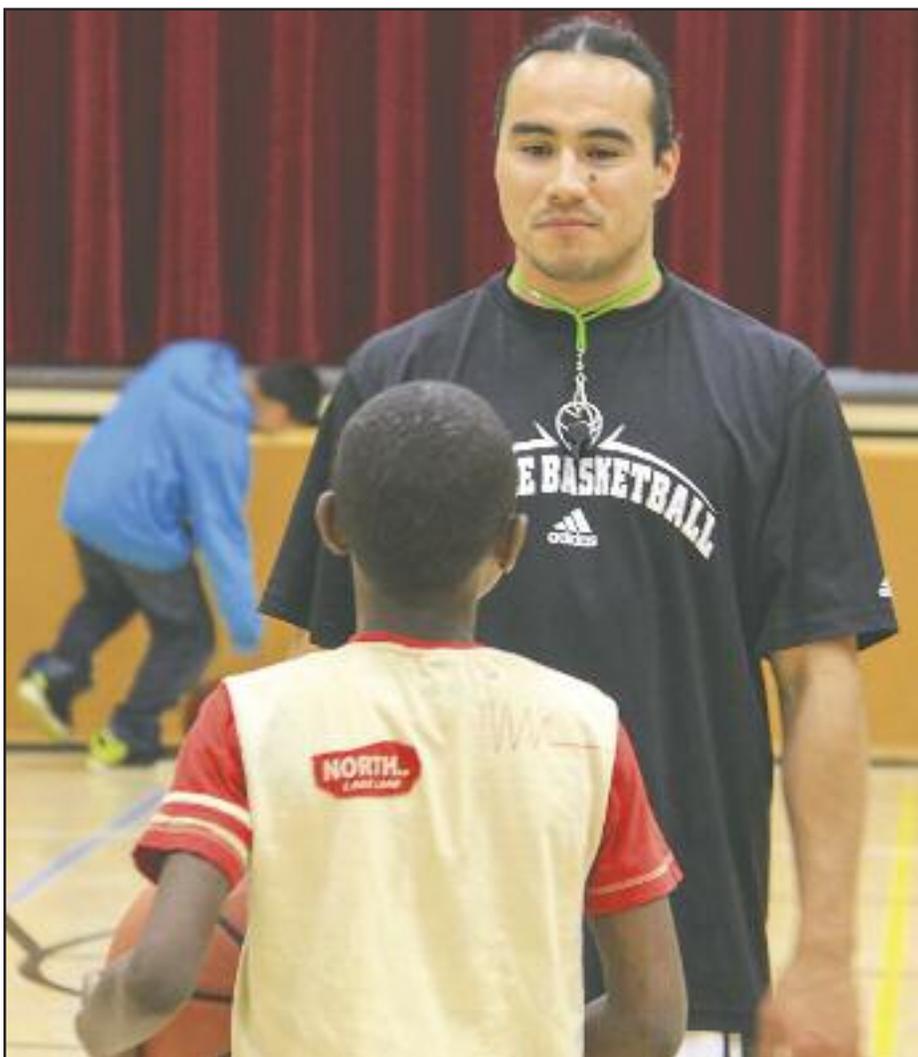
Funding available for Aboriginal youth sport development

By John Lagimodiere
Of Eagle Feather News

Each year nine districts across Saskatchewan offer funding support for the development of aboriginal youth sport through the Aboriginal Community Sport Development Grant. Connecting youth to the

Director of the District.

"Delivering a quality sport program often requires a little bit of help through funding support. That's where the grant plays a major role. Funding is available to a maximum of \$5,000 per initiative per year and can be funded for up to three years in a row."



Accessing Aboriginal Sport Grants can help turn out more athletes like former Huskie basketball star Mike Linklater. (Photo by John Lagimodiere)

community through sport is an invaluable way to build healthy teens and adults. Sometimes, though, financial barriers often get in the way of having a good time.

Fortunately the South West District for Culture, Recreation and Sport has funding for projects for First Nation and Métis people in communities west of Pense and south of the South Saskatchewan River. With the young and growing population and with big events like the North American Indigenous Games next summer in Regina, the development of young athletes is at a pivotal time.

"A strong next step in the development of aboriginal youth sport is to design a sport program. We can provide planning tool kits and resource information for groups to develop their unique blueprint for a successful sport program," said Christie Saas, Executive

The District is encouraging applications from sport groups whether they are just starting out or are well established and looking to further develop existing programs.

"With more youth in sport, the entire community is energized. People volunteer and get involved," added Saas.

"With a strong financial commitment, aboriginal sport development groups can feel confident in their ability to build a sport program that is sustainable and provides a long lasting impact for the community."

Southwest applications are accepted until the end of December, each year, to allow organizations enough time to use the funds by the end of March.

Application forms and planning materials are available on the South West District's website www.gosouthwest.ca/district-funding



RBC SUPPORTS NAIG

The Regina 2014 North American Indigenous Games Host Society recently announced a contribution has been made by the RBC Royal Bank. A presentation was held to mark the RBC's contribution to NAIG at the First Nations University of Canada in Regina Saskatchewan. The contribution makes RBC an Eagle Level Sponsor of the Games and another important member of the team. Regina 2014 NAIG will host the athletes and teams from 26 regions in North America's Indigenous communities as they compete in 15 different sports. It will celebrate and share North American Indigenous cultures through a showcase of language, tradition, art, song, dance and ceremonies. The theme of the Regina 2014 North American Indigenous Games is 'Raising the Bar'. Special Advisor to RBC, former AFN Chief Phil Fontaine was gifted a painting by Regina NAIG 2014 CEO Glenn Pratt at the sponsorship announcement.

LEADERSHIP CREATIVITY ACTIVE LIVING

Aboriginal Community Sport Development Grant

The South West District for Culture, Recreation and Sport invites applications for the Aboriginal Community Sport Development Grant.
Applications accepted until December 31st, 2013.

The Aboriginal Community Sport Development Grant Program provides greater sport participation and development opportunities for Aboriginal youth in Saskatchewan.

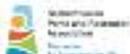
Eligible applicants include any organizations or communities that provide services with First Nations and Métis youth. Applicants must reside within the boundaries of the South West District for Culture, Recreation and Sport.

Grants amounts will be awarded from \$1,000 to \$5,000 per year per initiative.

For complete details, guidelines, application forms and tool kit, please visit our web site or contact our Moose Jaw administration office.

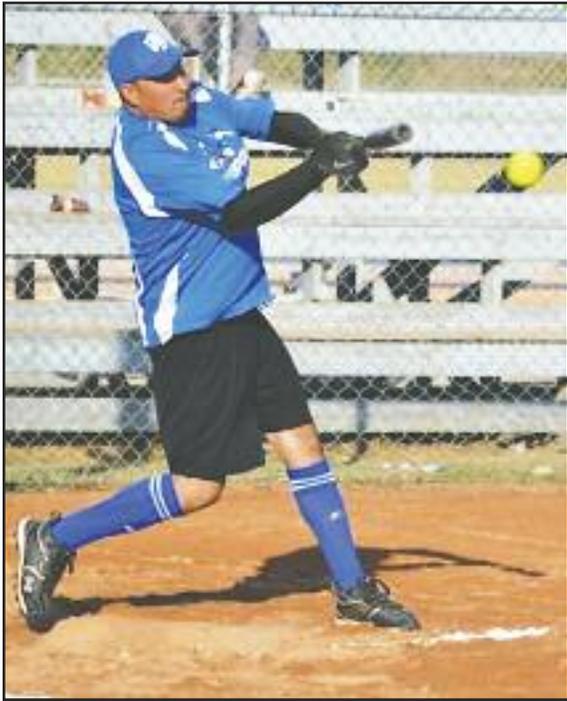
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MUSKEG LEG WINS FSIN CO-ED TITLE

The Muskeg Lake Tomahawks (above) have become the 2013 FSIN Adult Co-Ed Slow Pitch Champions after beating their First Nation cohorts on the Muskeg Lake Power Rangers in an all Muskeg Lake final at the Whitecap Dakota First Nation sports grounds. Muskeg Lake Tomahawks Pitcher Elliot Wolfe also made an impression at the plate at the tournament in early September. (Photos by shelley mike photography.com)



DAKOTA DUNES CHAMPS

The Dakota Dunes Casino Men's/Ladies League recently had their season ending tournament. Several familiar faces hung around the leader board but for the third year in a row, Chrissie Quewezance was crowned the women's champion. The Men's League Champ was Keegan Lafond, his second time winning in the last few years. The men played for two days and the ladies for one day. After Saturday's round, Matt Sherry was up by one stroke over Lafond and three over Dave Morin, but at the end of Sunday it was Keegan who came out on top.

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You could hear the old bones creaking as veteran soccer players took to the field for the Masters final fun game at the FSIN Soccer Championships in Saskatoon. Beardy's and Okemasis in yellow and St. Michaels in white put on a great show with St. Michaels winning 1-0. (Photo by Jacqueline Gabriel)

Red Pheasant men, Beardy's women win FSIN soccer titles

By Jacqueline Gabriel
For Eagle Feather News

The 2013 FSIN Soccer Championships hosted by the Beardy's Okemasis First Nation was held at Umea Soccer Fields in Saskatoon during Labour Day weekend. In total, the Men's Division had 16 entries and the Women's had 12 entries, with two additional teams playing in the Men's Master Division.

The second day of the championships ended with a Men's Master Division playoff between Beardy's and St. Michael's that was held just for fun. Lester Nicotine took MVP, with St. Michael's winning.

Beardy's Okemasis First Nation won first place in women's over Ahtahkakoop First Nation. Moosomin was third and fourth place went to Little Pine. Most Sportsmanlike Award went to Verna Mike and First MVP to Stacey Cameron, both of Beardy's.

In the Men's Division, Red Pheasant First Nation beat Poundmaker by a score of 1-0 to claim first. Mosquito came third

followed by Sweetgrass. Both awards for Best Forward and Most Sportsmanlike went to Dakota Tootoosis of the Poundmaker First Nation. First MVP went to Corey Buglar from Red Pheasant, Second MVP went to Basil Mosquito of the Mosquito First Nation and Third MVP went to Joe Marshal of the Sweetgrass First Nation.

"Excellent organization, it was a really nice venue," said Rudy Wuttunee, coach for the Championship Men's Red Pheasant team.

"Everybody had fun and it was a great place to be. Our team really faced a lot of adversity, we shouldn't even be here but we persevered. We got that wild card draw and we were still alive, still fresh, and still believed we could do it and we did," said Wuttunee.

"We got the right guy on at the right time and we got the goal we needed. That was a good goal for us. It's been about a six year job for the team so it feels good to finally win it and bring it back west."



Awesome displays of athleticism on the pitch showed that the players were keeping their heads up. (Photo by Jacqueline Gabriel)

ABORIGINAL Coaches & Officials Program

BECOME A COACH OR AN OFFICIAL

The Aboriginal Coaches and Officials Program is organizing and supporting training and development opportunities across the province for Aboriginal peoples to become involved in sport as a coach or an official. Becoming a coach or an official is a rewarding experience and helps our young people grow, not only as athletes, but as tomorrow's leaders.

FOR MORE INFORMATION OR TO REGISTER CONTACT:

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